



60 Pompton Ave.  
Verona, NJ 07044  
973-571-2121

44 Route 23 North  
Riverdale, NJ 07457  
973-839-9151

### **WOUND CARE INSTRUCTIONS – WART**

- Apply ice to area for twenty minutes while making sure there is a barrier between skin and ice (such as light towel or washcloth.) Do this every 2-3 hours.
- Soak the wound in warm salt water for five minutes once a day (one quart warm water to one teaspoon of salt.) Do this for 7 days.
- Apply a mixture of half hydrogen peroxide and half tap water to the area. Then apply an over the counter antibiotic ointment such as Bacitracin or Polysporin to the wound twice daily for 7 days or until the wound heals. Please do not use Neosporin as it can cause an allergic reaction.
- Take two tablets of Tylenol every 4-6 hours as needed for pain.
- A moderate amount of bleeding is normal the first day or so.

If you have any questions or problems, please feel free to contact our office at 973-571-2121.